

REVELATIONS

Ordinary People Learning to Follow Jesus

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Editors – Alexis Anderson Marie Zettler

Easter Teamwork: A Message from our Incumbent

Dear Friends in Christ,

Every day as I go to work, I count myself incredibly blessed to be able to serve Christ and our parish with the team of wonderful priests who you see pictured here in this photo. I use the words "work" and "serve" intentionally. Team ministry requires work – it requires each of us as followers of Jesus to continually be communicating, coordinating, and collaborating



with each other as we strive to follow Christ and to faithfully share God's love with this large

area parish. But, as much as it does take work, with each passing day I am more and more convinced that teamwork is what enables each of us to serve God to the very best of our abilities. Teamwork helps us to recognize that the whole notion of "self-reliance" or of being "self-made" is profoundly unchristian. Holy Scripture reminds us, repeatedly, of our need for God Interdependence, and for each other. not independence, is the new way of resurrection life to which we are called this Easter. Jesus tells us, "I am the vine, you are the branches." Christ prays for us, "That they all may be one; as thou, Father, art in me, and I in thee, that they also may be one in us: that the world may believe." As St. Paul writes, "We, being many, are one body," - a body that includes each of us, and is made stronger by the plethora of gifts that we all contribute in so many unique and diverse ways.

Team ministry in this beloved Parish of the Valley does take work – work between the clergy, work between lay leaders, and perhaps most importantly of all, work within each of our hearts as baptized followers of Christ. But, my dear friends, it is good work – work that bears much fruit, and that glorifies our Father in heaven. I am so very grateful for the gift of this parish community, where we are continually called to find new ways to partner with each other and work together as a team, and bring honour and glory to our gracious and loving God as we do.

As we prepare once more to celebrate the great Paschal Mystery, I pray that we will continue to be drawn closer and closer together by God as a parish family in both communion and fellowship. **To that end, I** would like to invite as many members of our parish as possible to come together for our parish-wide Easter Vigil service on Saturday March 30th at 7:30pm in Pembroke. All members of our clergy team will be taking part in this special service, together with leaders from across Valley, as we remember that the light shines in the darkness, and the darkness did not overcome it. The Vigil is the pinnacle of the Church's year, and I look forward to us celebrating the arrival of Easter together as a parish family.

From our home to yours, may you know the blessing of true communion this Easter season. May you know the blessing of teamwork!

Yours faithfully in Christ,

Matthew +

The Rev. Matthew Brown, Incumbent

The History of Lent (by Alexis Anderson)

Lent can be traced to the Canons of Nicaea from 325 AD, which described a period of 40 days fasting before Easter. However, other sources like the *Didascalia Apostolorum* and a Festal Letter by Dionysius of Alexandria refer to earlier one, two, or six day fasts leading up to Easter.

In fact, fasting has long been considered to be a means of atonement (e.g., Yom Kippur) or a way to prepare for an expected meeting with God. But the 40-day period that we now recognize symbolizes the fasts of Jesus and Moses. Moses fasted before going up the mountain to receive the Ten Commandments (Exodus 34:28); and Jesus' fast in the desert, where he was tempted by Satan (Mark 1:13, Matthew 4:1-11, Luke 4:1-13).

Before 1966, Roman Catholics were permitted to eat one full meal each day of Lent, supplemented at times with collations (a small meal and beverage). In 1966, Pope Paul VI changed the tradition to make it less severe and to emphasize charity and piety; and by 1983, alternatives to fasting were recognized by some to include abstinence from alcohol or smoking, making a special effort to pray, or helping the poor, sick, old, or lonely.

The Anglican tradition as detailed in St. Augustine's Prayer Book (16th edition, 1964) holds that fasting is "usually not more than a light breakfast, one full meal, [and] one half meal, on the forty days of Lent"; but that "the major Fast Days of Ash Wednesday and Good Friday ... are stricter in obligation, though not in observance, than the other Fast Days, and therefore should not be neglected except in cases of serious illness or other necessity".

Interestingly, the number 40 appears many times throughout the Bible. Moses spent 40 days on Mount Sinai, Elijah spent 40 days and nights walking to Mount Horeb, God sent 40 days and nights of rain in the great flood, the Hebrew wandered 40 years in the desert, Jonah's prophecy of judgment gave 40 days to the city of Nineveh to repent or be destroyed, and Jesus spent 40 days in the wilderness.

Tips for Donating to Your Congregation

If you are donating to PWRDF and make your cheque out directly to PWRDF, your tax receipt will come from that agency. If you make the cheque out to your home church but put PWRDF on the memo line, your tax receipt will come from your home church.

If you are not using numbered envelopes issued to you, but would like a tax receipt for your donation, please ensure you put your name and address on your envelope. Cash not identified with name or address is considered an "open" offering and is not tax receipted.

When writing cheques, please write LEGIBLY to help ensure accuracy when recording your donations.

Donations are welcome through any method, and you are encouraged to use your favourite; but some "cost" more than others. Due to processing costs, \$100 given through Tithely is actually \$96.70; through Canada Helps is \$96.00; and through PAR is \$99.70.

If you are donating to food banks or other "external" agency and make your cheque out directly to agency, your tax receipt will come from them. If you make the cheque out to your home church but put the entity's name on the memo line, your tax receipt will come from your home church.

Our parish's cemeteries are not registered charities and thus cannot issue tax receipts. To make a deductible donation, make your cheque payable to your home congregation, with "Cemetery Fund" written clearly on the memo line.

Art in the Pews (by Jean Ostrom)

Holy Trinity Pembroke's ACW would like to again host a Quilt Show and High English Tea with music by Zephyr, but this time expand the show to include all kinds of art.

Are you a sculptor? A painter? A photographer (either amateur or professional)? A potter? A carpenter? Or wood worker? A quilter?

Anything that is made by your hands with love and care is art. Do you work in:

- Woodcarving, Scroll Saw, Intarsia, Wood Burning, "Bauernmalerei" (Folk Art Painting), etc.
- Paper Tole, Origami
- Fibre Quilting, Embroidery, Tatting, Crochet, Knitting, Macrame, etc.)
- Paint Acrylic, Watercolour, Oil, Pastels, Charcoal, Pen and Ink, etc.
- Glass Stained, Blown, Painted, Etched etc.
- Sculpture Clay, Metal, Stone, etc.
- Pottery, hand-built or wheel-thrown
- Photography
- Leather tooling
- Anything else?

All these – and more - will be considered for our "Art in the Pews" exhibit. Even though the **4 May 2024** date for the show and tea seems a long way off, we would like to hear by **31 March** of your intentions regarding entering a piece or pieces of art, to help us catalogue the entries and do advance publicity. An early inventory of the pieces will also help us make the best use of the space available. This show is open to our whole Parish of the Valley family. The Valley is wide, and the talent is deep. This has the potential to be an outstanding way for members of our parish family to get to know and appreciate each other's gifts, as well as to showcase the fruits of these labours of love to the wider community.

I (Jean Ostrom) would love to hear from you about what you would like to display. Call me at 613-687-2053 or email me at <u>ostrom@nrtco.net</u>

HIGHLIGHTS FROM CHURCHWARDENS REPORTS TO VESTRY

St. George's South Alice Churchwardens' Report (summary from Annual Vestry Report)

St. George's ended 2023 in a secure financial position, and every second Sunday we often welcome folks from the congregations of Micksburg, Lower Stafford, and Rankin. Over the course of the year we hosted and participated in multiple events like lunch prepared and served in conjunction with the Alice in Wonderland Carnival (which led to six more weeks of lunches for the weekly "Jam Sessions"), the Laurentian Valley Skating Trail Party and Potluck Supper, a garage sale, a BBO at the Alice General Store, a parish-wide picnic with BBO, and a Christmas sing-a-long. We were also thrilled to have a baptism at St. George's in October where Shelley and Chris Robert's son Patrick was welcomed into the St. George's family with Rev. Gillian presiding. So many hands, time, and talents contribute to the vibrant life of St. George's. We may be few, but we are mighty when we work together! Thank you to each and every one of you.

St. Anthony's Whitney Churchwardens' Report (summary from Annual Vestry Report)

St. Anthony's continues to have services on the first and third Sunday of the month. During the winter months we meet at the home of Merv and MaryAnn Dunn. Although we are a very small congregation, we are consistent in attendance, and we'd like to thank the members of our parish clergy team for traveling all the way to Whitney to regularly support us. We also held a very successful yard sale last summer, raising a substantial sum; and our Christmas Eve service was very well attended. In 2024, we are hoping to do some work on our church windows.

Epiphany Barry's Bay Churchwardens' Report

(summary from Annual Vestry Report)

The COVID-19 pandemic is behind us, and Epiphany is moving forward, but with a new normal. For instance, our offering envelopes are dropped at the entrance, and we are "signing" the peace rather than shaking hands or hugging. Morning prayer is led by volunteers every second Sunday using written or recorded video homilies found online. For part of 2023 we had an organist; the rest of the time we used recorded music. We had a successful year financially. and we held fundraisers that included euchre every second Sunday, a Bay Day weekend rummage sale, two "Soup and Sandwich" events, a November Wine and Cheese, and Christmas Tree angels. Alcoholics Anonymous and a self-help group used the church hall part of the year, and our second-hand clothing bank (Epiphany Fashions) runs there every Saturday and every second Tuesday morning to help support the local community. Although there was no significant maintenance in 2023, the back ramp was blocked off as unsafe to use, and the front stairs will soon need work, so we are investigating grants. We continue to be known in and supportive of our local community in Barry's Bay.

St. Paul's Cobden Churchwardens' Report

(summary from Annual Vestry Report)

In 2023, St. Paul's was able to provide outreach totaling \$19,700 to Our Daily Bread, the Canadian Bible Society, the Cobden Legion, the Robbie Dean Centre, Bernadette McCann House, The Grind, Recovery Road, Caressant Care, the Bishop's Discretionary Fund, the Cobden Public School Playground, the Pembroke Hospice, the Renfrew Hospice, the Cobden Food Bank, the RCDSB Student Emergency Fund, and support to four school families. Additionally, \$8,500 was provided to support the ministry of our parish administrator based at Holy Trinity Pembroke on behalf of the Parish of the Valley, and \$2,000 was offered towards a new door at the Micksburg Rectory. We were also able to complete some attic reconstruction; and we benefited from the talents of three Opeongo piano students who came forward in the absence of our regular organist. We thank them for the willingness to share their talent, and we wish them much success and joy as they continue their lessons. We give thanks for the ministry of our clergy team; and we thank all those at St. Paul's who work diligently and selflessly to keep our church running smoothly.

St. John the Evangelist Eganville Churchwardens' Report (summary from Annual Vestry Report)

Thanks to everyone who contributes to our congregation in worship and service, especially Joan Boldt and Paula and Blair Griffith for seasonal Betty Studd for her continued decorations, commitment to the music ministry and our choir, retired clergy Rev. Gale Edmundson and Rev. Allan Studd for filling in for services throughout the parish, and Wendy Cayen for morning prayer leadership as a licensed Lav Reader. We no longer have an Altar Guild, but volunteers do the work on a monthly rotation. We have continued our after Sunday service luncheons, and they are times of joy and fellowship; and in 2023 we participated in our annual pancake supper, a day of prayer for the Parish of the Valley, an Advent evensong (with proceeds to Kenneth Kasule's Wide Smiles For All ministry), and a joint venture with other Christian congregations that culminated in a float in the Santa Claus Parade. Although our regular offerings have not always kept up with increasing costs, we did manage to use trust money to paint the church roof; and we note that the church's turrets will need repair soon. We continue to trust that God is at work to inspire and to provide the resources needed for ministry within our congregation and beyond.

Ascension Killaloe/St. John's Tramore Churchwardens' Report (summary from Annual Vestry Report)

Our financial status is healthy, and we continue to enjoy a happy spirit at our Sunday worship and meetings. Our Outreach List also supports a healthy list of worthy programs both in our community and internationally. In 2024, we will be adding monthly "potluck" coffee gatherings after our church service (when at Ascension, on the fourth Sunday of each month); but we will be saying a sad farewell to the Rev. Claire Bramma, whose term with our parish ends this summer. We wish her all the best, and we are happy that she is able to continue on her chosen path to be a Military Chaplain. Thanks go out to all who assist with our worship services (readers, altar set-ups, overhead projections, weekly money counters, property attenders, location movers, and our "orchestra"). Thanks also to Betty Fabian for eight years of faithful attention to detail as our Treasurer; and to Sandra Sharp and Dorothy Biggs for their many years serving in a wide variety of roles. And lastly, many thanks to our faithful clergy team who come to Killaloe or Tramore every Sunday, always with a happy smile. We are indeed blessed.

All Saints Petawawa Churchwardens' Report (summary from Annual Vestry Report)

First, a very big heartfelt thank you to Rev. Matthew, Rev. Gillian, Rev. Claire, and Rev. Nick for all that you do. With their support we were able in 2023 to support St Joseph's Food Bank and the Petawawa Pantry, to donate much appreciated clothing and other items to The Grind, Got You In Mind, and First Step Options, to give books the Pikwakanagan Library, to provide toiletries and gifts to Carefor residents, and to give gifts to shut-ins. The Lions Club and A.A. continue to meet in our hall and are very appreciative. We also showed support to the 2SLGBTQIA+ community by being present at the Petawawa Pride Flag raising in June; and we placed Canadian flags and poppies on all the graves in our cemetery. Events in 2023 included a pancake lunch in February, a BBQ in May, two rummage sales, and a Christmas Tea and Bazaar. We also enjoy social time after church and offer a big thank you to those who provide such wonderful lunches; and our potluck on the first Sunday of the month is always a great hit. In addition, Rev. Matthew dedicated a beautiful new chalice and paten given in memory of Deanne Andrews by her family. and Rev. Canon Roger Steinke dedicated a framed piece of a lace collar made by Sylvia Adams. Some unexpected expenses during the year were generously taken care of by individuals, and St George's partnered with us to repave the Rectory driveway. On a very positive note, we also had several new members join in 2023 and several former members return. Thank you to all our members who do so much - greeters, readers, gardeners, maintenance, servers, bookkeepers, kitchen help, cleaners, altar guild, envelope secretary, treasurer, hedge maintenance, grass cutters, and so on and so on and so on.

St. Patrick's Lower Stafford Churchwardens' Report (summary from Annual Vestry Report)

In 2023, we welcomed Rev. Nick to the clergy team and are so grateful to him for his spiritual guidance and support. In cold weather we gather bi-weekly at St. Patrick's, and in warmer times we rotate with St. Stephen's and St. Thomas. We celebrated baptisms last June in Pembroke with Bishop Shane, and Rev. Nick and Rev. Matthew presided over a beautiful and moving cemetery service. Due to an unfortunate accident, Marie Zettler became unable to continue as our organist, but we will be forever grateful for all her years of musical ministry; and we are thankful to Phil Cottrell and now Jim Dunn for stepping in. Our thanks to all those in the clergy team who led our services, and to those who continue to support our church through their prayers, hard work, and financial contributions.



Sunday, March 31, 2024

8am & 10am – Holy Trinity Pembroke
9am – St. Patrick's Lower Stafford
9am – Ascension, Killaloe
9am – St. Anthony's Whitney
9:30am – St. George's South Alice
11am – St. Paul's Cobden
11am – St. John's Eganville
11am – Epiphany Barry's Bay
11:15am – All Saints Petawawa

St. Thomas' Rankin Churchwardens' Report (summary from Annual Vestry Report)

We are truly blessed to have an amazing clergy team to travel Renfrew County to bring us services, leadership, prayer, support, online services, and information; a huge thank you all of them. Thank you also to Lucy as Central Treasurer and Synod Representative, to Bonnie as St. Thomas' Treasurer, and to all our Readers and those who prepare the altars and keep the churches maintained, including Sam, who keeps the grounds of St. Thomas Cemetery so beautiful. Thanks to Marie and Jim for their gift of music, and to Phil for filling in. Thanks also to St. Patrick's for graciously opening their doors for the winter as we deal with a mold issue in our basement; and to Lucy and Myles for hosting our Vestry Meeting; and to everyone for your continued support. **St. Stephen's Micksburg Churchwardens' Report** (summary from Annual Vestry Report)

It was a busy year in 2023, starting with an ice storm mess cleared up with a tree removal company and help from John, Wendy, and Rev. Nick. The Deanery Great Chapter meeting at the Micksburg Cultural Centre in September was a big success, and we hosted the luncheon at that event. A lot of work was done on the Rectory, including parging work in the basement and the installation of a new roof and new front door. Our thanks to our small but dynamic group that keep us going: Lucy and Jennie, our Treasurers, the small but effective Altar Guild, Lorna Leach for looking after the cemetery books, and the team for their leadership. When our churches come together, we are strong; let's be proud of all that we can still accomplish.

Holy Trinity Pembroke Churchwardens' Report (summary from Annual Vestry Report)

2023 saw our ACW convene Shrove Tuesday lunch, a Holly Bazaar, two rummage sales, and weekly fellowship after Sunday services. We also hosted a Christmas concert and were fortunate enough to host both the choir of Christ's College Cambridge (England) and the combined choirs of Christ Church Cathedral Ottawa, with proceeds from the latter going to Fire Team K-9 here in Pembroke to train and distribute service dogs. In support of an outreach initiative focusing on Truth and Reconciliation, our ACW quilters and their friends spent six months sewing lap quilts and quilt tops and blocks for Quilts for Survivors. Funds the ACW raised through Coffee Hour were used to ship the quilted items to residential school survivors. Our Church Hall Working Group coordinated kitchen renovations and the installation of a new stove and ventilation system, and that group will this year be folded into the Property Committee to facilitate a proactive approach to maintenance and upgrades with emphasis on prioritization based on human and financial resources. Over at the cemetery, plans for the new columbarium are in place, and work should begin in the spring. Thanks to everyone who has shown such steadfast commitment to the life of our congregation and our wider Parish of the Valley!

Easter Greetings from St. George's South Alice!

(by Bernard Raglin & Kim Silkie, Churchwardens)

As the winter slowly fades away, we look forward to spring with new life springing up everywhere and warm, sunny days.

St. George's ended the year with a very successful Sing-A-Long again! Our piano player, Chris Hagenah, had the building rocking with the sounds of the season. Special thanks to Ainsleigh McInnis and the Rev. Canon John Wilker-Blakely for sharing their musical talents with us once again. Also, many thanks to the fine folks of St. George's who cleaned, decorated the church and prepared and served a delicious meal to our guests following the concert.

This past fall we welcomed Rev. Gillian back to the clergy team from maternity leave. It is always so great to see her smiling face waiting to greet us at the top of the stairs and always fun to check out her shoe selection each Sunday! Many thanks to Rev. Rick & Canon John for their ministry during Gillian's leave.

Mid-January found us serving lunch at the Alice Rec. Centre in conjunction with the "Alice In Winterland" Winter Carnival. It was so nice to see so many folks from our fellow Parish of the Valley churches. We were very pleased with the turn-out...we even ran out of food!

Shrove Tuesday brought back a "Pancake Supper" to St. George's. We definitely surpassed our expectations on such a blustery, winter evening. We were so thrilled to have so many children join us. They especially enjoyed the "toppings bar," for the regular pancakes and of course, the potato pancakes were a hit again!

On Sunday, March 10th., we had a dedication service for Upen & Pooja's (owners of Alice General Store) two children. A time of fellowship followed the service. It is always so wonderful to have children in church!

Looking forward, we anticipate a BBQ at the Alice General Store in May/June. Stay tuned for upcoming flyers.

In closing we wish you all a joyous Easter & a Happy Spring!

Christ has risen – Alleluia! He has risen indeed – Alleluia!



Planning for a summer **Impact Zambia** mission trip is underway. Rev. Allan Studd and Wendy Wilker-Blakely will be part of the 8-member team travelling this year to join New Life Tabernacle and Church Planting in Itezhi-tezhi, Central Zambia for their 30th anniversary and conference. There are expected to be about 500 attendees from various parts of Southern Africa. Our team leaves on July 30 via New York and Nairobi and will return by the same route on August 19th. Wendy Wilker-Blakely and Rev. Allan will represent the Parish of the Valley. Rev. Nick Forte has expressed an interest in being part of the team but will remain at home for this trip. He may find himself providing logistics for us as we travel.

Our schedule has us participating in the educational part of the program and all the celebrations from August 4th to 11th, with a return to the airport in Livingstone (Victoria Falls) via the Mission of Love orphanage and the village of Nyawa where **Impact Zambia** had its beginnings many years ago. Planning for what we will be contributing to the program of the week at Itezhi-tezhi and the Life Impact Training Centre is not yet complete. Sometimes, it is just enough to stand in solidarity, shoulder to shoulder, with an African Christian community.

Of course, all this costs money. As individuals on the team, Wendy and I are expected to raise \$6700 each to pay for transport, room and board, and our fair share of the in-country expenses. We are hoping for support from across the Parish of the Valley. Our deadline for raising money this year is June 30th. To this end, Wendy and I will be travelling to each congregation over the next few months to make a short presentation at after worship coffee hour and to ask for your support. **Impact Zambia** is part of <u>International Teams Canada</u>, a Canadian registered charity, and therefore all donations are tax deductible.

Donations may be made at: iteams.ca/impactzambiatrip. Click on the blue "contribute" button to donate and make sure you direct your donation to Wendy or Rev. Allan. There is lots of information about our Canadian team and the projects that we support at this same website. Take a look at the **Impact Zambia 2024** site found in a lefthand column. Our major project has been the building the Life Impact Training Centre, through which local people will be able to learn life changing skills, by which they can enter the local economy. Our mission is to raise people out of poverty by offering the training in vocational skills. Last year a team from **eMI** (**engineers in mission**) joined us at the training centre and were able to prepare a concept for the whole campus. This year we will begin the serious work and of bringing the vision to reality.

Wendy and I look forward to connecting with all of you over the next few months. If you have questions about any aspect of this Mission, please contact us:

Allan: 613 628-1535, allan.studd@gmail.com. Wendy: 613-263-0714, wswb2@proton.me

Website for Information and Donations: www.iteams.ca/impactzambiatrip

Respectfully submitted. The Rev. Allan Studd, Honorary Assistant

Truth and Reconciliation

Outreach Continues (by Marie Cheesman, Holy Trinity ACW Quilters)



Since last October, when Jean and

Byron Ostrom delivered our boxes of quilts and blocks to Timmins, we have been following *Quilts for Survivors* (QFS) and watching with great joy as the



many quilts that we made are distributed to residential school survivors. Their gratitude is palpable, with so many in disbelief that someone who they do not know would gift them such a meaningful treasure and symbol of support, respect and love. There are over 40,000 residential school

survivors alive in Canada.

To date, well over 4,000 quilts have been distributed and volunteers are working hard to fill the backlog of requests. But new requests continue to roll in daily, so our ACW quilters have once again committed to joining quilters across the continent in supporting this

truth and reconciliation effort. We will have a variety of quilts, quilt tops and blocks ready to ship by early October and, if you are a quilter or know someone who is, we welcome your contribution, too. Here is what they are requesting:



- 16" quilt blocks (16.5" unfinished)
- Lap-sized quilt tops (48" x 64")
- 2.5" quilt binding, any colour
- Completed quilts, any size
- Financial donations to offset the cost of materials (thread, backing, batting)
- \$30 medium-sized prepaid Canada Post shipping boxes

Note: we are asked not to include travel or school related fabrics or fabrics with a religious theme.

More information can be found on their website: www.quiltsforsurvivors.ca

If you are not a quilter but would still like to help, maybe you would like to host a fundraiser? Last year, Holy Trinity's ACW raised \$700 through our Coffee Hour free will offerings to help with the cost of shipping quilts to survivors. We would gladly welcome similar efforts from other churches in the Parish of the Valley, possibly a bake sale or special collection? If you hold a fundraiser, please let me know (cheesman@bell.net) so that we can coordinate sending all of the proceeds in one package.

Mark **Friday**, **September 20**, **2024** on your calendar to have your contribution dropped off at Aborn House in Pembroke - the office is open Monday through Friday from 9 am to 12 noon - and remember to include your name on it so that we can share that with QFS. The Parish of the Valley will recognize Truth and Reconciliation Day and all of our donations on Sunday, September 29.

Recently, Vanessa Génier, a member of Missanabie First Nation and the founder of *Quilts for Survivors*, was awarded a meritorious service decoration from Governor General Mary Simon for providing quilts and comfort to residential school survivors. It recognizes exceptional deeds or activities that bring honour to an individual's community or Canada. We are humbled to be able to support her efforts.

Would you like to sponsor a colour Valley Bulletin, and offer it to the glory of God and in dedication of a special event, or in memory of loved ones? All members of the Parish of the Valley can now do so for a donation of \$40, payable by cash or cheque to Holy Trinity Anglican Church. Please call Gail at the office at 613-732-4658 or email office@valleyanglicans.ca to make arrangements. 100% of the proceeds will benefit our Parish of the Valley's shared Communications Fund and you will receive a tax receipt at year end from Holy Trinity Pembroke.

Holy Trinity Pembroke Cemetery's New Columbarium: Sales Starting Soon!

Holy Trinity Cemetery has been providing a peaceful and graceful resting place in the heart of the City of Pembroke for nearly two centuries. The cemetery is committed to providing a sacred space for all members of our community to remember their loved ones and celebrate their lives.

The Holy Trinity Cemetery Board is excited to share

that it will soon be offering the opportunity to purchase niches in the cemetery's new freestanding granite columbarium. Located at the centre of our historic cemetery, the columbarium will be completed by the fall of 2024. Each niche can accommodate a maximum of two standard size



cremation urns and comes with a brass name plaque. A total of seventy-two niches will be available and may be purchased by members of Holy Trinity Pembroke, members of the Parish of the Valley, and members of the public.

The Cemetery Board anticipates beginning niche sales within the next two months. Please watch this space for further details and pricing information in the time that lies ahead.

Holy Trinity Pancake Luncheon (by Jan Scheidt)

On behalf of Marie Cheesman (co-chair), Nancy Clark, Gloria Gignac, Maggie Jacques, and myself, I would like to thank the many volunteers from Holy Trinity Pembroke who helped to set up, bake beans, cook, serve, clean up, do dishes, plate, donate, and greet members of the community to our Shrove Tuesday Luncheon. It was well attended, and we received over \$1,400.00. A special thank you to Iris Ball, who managed to phone several of our volunteers. Thank you for your support!

Inspiration for Peace: "World Day of Prayer 2024" (by the Rev. Claire Bramma, Assistant Curate)

On Friday March 1st I took part in my first World Day of Prayer service and found it to be a particularly moving and inspiring experience. I joined a group of about 45 people who gathered in the fellowship hall of Grace Lutheran Church Eganville where we prayerfully viewed the pre-recorded service. It was very special to know that on this day we were joining Christians from over 150 countries, to pray in unity and in faith for relevant issues affecting women and children.

The World Day of Prayer is a global ecumenical movement that brings Christians together for a common day of prayer each year and adopts the motto, "Informed Prayer and Prayerful Action." The movement affirms that prayer and action are inseparable and that both have immeasurable influence on the world. The annual worship service on the first Friday of March provides a way to learn how faithful women in different parts of the world understand and express their Christian faith. This provides the opportunity to hear their concerns and to join in solidarity with them in prayer and action.

The World Day of Prayer traces its roots to the 1800's when Christian women in Canada and the United



States became increasingly involved in mission and outreach, including advocating for national days of prayer. For example, in 1895 Anglican women in Canada called for a

national day of corporate intercessions for mission.

Since then, the Women's Inter-church Council of Canada (WICC) was established and they began the World Day of Prayer movement, which has been active for almost 100 years. Each year Christian women from a particular country or region prepare and write the prayer service, and this year it was Palestine's turn, and they chose the theme, "I Beg You... Bear With One Another in Love." (reference Ephesians 4:1-3)

Given the ongoing conflict in Israel and Palestine this was most poignant. As part of the service, there were three short reflections written by Palestinian women: Eleanor, Lina, and Nora. They provided the opportunity for us to listen to and empathize with real people who are living in this desperate situation. Moreover, their stories bear witness to how the living God is at work to bring compassion and justice into places of suffering and violence around the world. Through the prayers, stories, and songs shared in the service, I felt the very real Christian hope of reconciliation and peace, not just for Israel and Palestine, but for the whole world. And the message that came through for me was that such a hope is rooted in love; the infinite love of God in Jesus Christ that is graciously given to us, grows is us, and is meant to be shared with all the world.

I am grateful for having participated in this year's World Day of Prayer and to be reminded of how powerful it is when faithful people come together in prayer, in a way that transcends denomination, race, culture, and language.

If you would like to view this year's service or learn more about the movement, you can do so here:

2024 World Day of Prayer service, pre-recorded service https://www.youtube.com/watch?v=QzruEM-91Rs

Women's Inter-church Council of Canada https://wicc.org/about-us/our-history

Book Review: Whereabouts (by Phil Cottrell, All Saints Petawawa & St. Augustine's Chapel, Beachburg)

My better half accuses me of having too many interests. She may have a point! But there are some things I really enjoy pursuing and getting involved in. Fishing is one of them, photography, music and exploring amongst several others. I have always had a sense of curiosity and adventure. So it was with great interest that I discovered a book called "Whereabouts". Together with photographs and directions this book explores some of the interesting and quirky places in our part of the world, often featuring the road less travelled. The book has a wonderful collection of unique and uncelebrated locations within the Ottawa Valley.

So, it was with my fishing companion and good friend who is also somewhat of an excellent amateur photographer, we set off to explore some of the rich history of places off the beaten track, places you could easily miss and places that are also not mentioned in tourists' guidebooks.

One neat feature in the book is that the author, Tim Gilchrist, provides the latitude and longitude for each location. So consequently, all I had to do was put these numbers into one of the navigational apps on my iPhone, and it took us straight there.

Our first visit was to what the author calls a giant



culvert which is number 93 in the Whereabouts book, volume 1. (there are now 2 volumes). Located on the Garden of Eden Road in our Whitewater region, this is indeed a giant and impressive culvert going under highway 17. After discussing this later with a friend of mine I found out

that it was at one time a train tunnel.

The book groups the attractions by regions, Bonnechere Valley, Horton, Whitewater, Pembroke etc. We have explored Bridge ruins close to Round lake road, Hales creek in Laurentian Valley, Cobden Marsh Trail, the single lane wooden bridge on Tramore Road and several other interesting places.

Some of these locations feature streams and rivers and

I am always hoping to find a secluded spot where I can sit and fish as I did as a kid and catch lots of small perch and panfish. So far, in that respect I have not been



successful, but come the better weather we shall be exploring again. To be fair, not every place quite lives up to its expectations. For example, the footbridge in Pembroke spanning the Indian river should be a pleasant spot to relax and perhaps fish, but it is marred by and significant amount of garbage. Why does someone throw a shopping cart into a river? I do wish the author had given a little more on the history of each location, but then it is always fun to do some research afterwards. The two books together feature some 300 locations, so there is a lot of great exploring to do! "Whereabouts," volumes 1 and 2 are available from Amazon. You can probably find them in some local bookstores too.



& Passion Sunday

Sunday, March 24

8am & 10am – Holy Trinity Pembroke
9am – St. Patrick's Lower Stafford
9am – Ascension Killaloe
9:30am – St. George's South Alice
11am – St. Paul's Cobden
11am – St. John's Eganville
11am – Epiphany Barry's Bay (MP)
11:15am – All Saints Petawawa



Thursday, March 28

7pm – Holy Trinity Pembroke 7pm – St. John's Eganville



Friday, March 29

9am – St. Anthony's Whitney 10am – St. John's Eganville 11am – St. George's South Alice 11am – St. Patrick's Lower Stafford 11am – Epiphany Barry's Bay 1pm – All Saints Petawawa 3pm – Holy Trinity Pembroke 3pm – Ascension Killaloe



Saturday, March 30 7:30pm – Holy Trinity Pembroke



"The Lord is risen indeed!" (Luke 24:34)

"Jesus Christ is risen. And in Christ, we too shall rise." (Psalm 118:1)



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