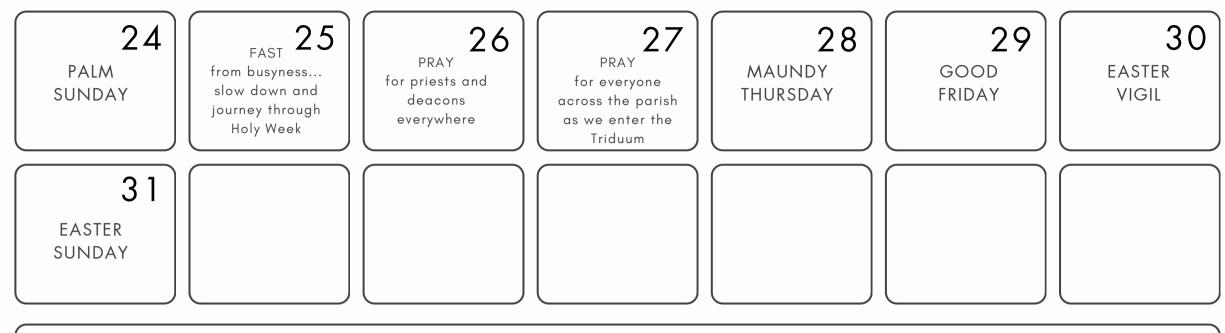


HOLY WEEK 2024

DID YOU KNOW? LENTEN FACTS

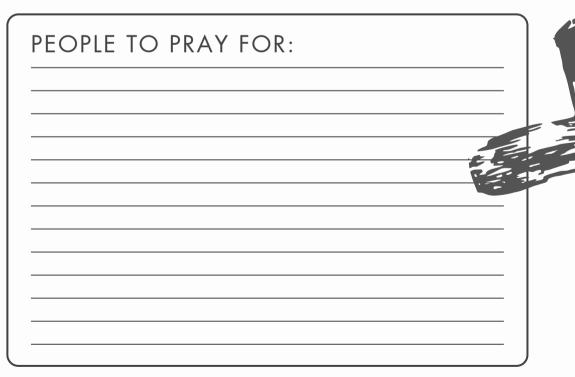
- WE SAY "40 DAYS OF LENT" BUT THERE ARE ACTUALLY 46 DAYS BETWEEN ASH WEDNESDAY AND EASTER SUNDAY ... THIS IS BECAUSE WE DO NOT FAST ON SUNDAYS! SUNDAYS SERVE AS "MINI EASTERS" OR A DAY TO OBSERVE THE HOPE AND PROMISE OF RESURRECTION.
- YOU AREN'T REQUIRED TO "FAST" FROM ANYTHING, BUT YOU CAN ALSO CHOOSE TO FAST FROM ANYTHING (FROM A SINGLE TREAT TO VIDEO GAMES).
- WE OFTEN TRY TO "GIVE ALMS" OR GIVE TO CHARITY ABOVE AND BEYOND OUR TYPICAL GIVING DURING LENT. BUT YOU CAN GIVE MORE THAN MONEY!
- PRAYER IS AN IMPORTANT PART OF WHO WE ARE AS CHRISTIANS. PRAYER CAN COME IN MANY FORMS, FROM SPEAKING FORMALLY TO GOD TO COLORING OR SINGING OR EVEN JUST TRAVELING IN A CAR IN SILENCE, LISTENING FOR GOD'S "STILL, SMALL VOICE."
- YOU CAN'T DO LENT "WRONG" IF YOU SPEND YOUR TIME WITH GOD. WE'D LOVE TO JOIN YOU ON THIS JOURNEY!



PRAYING TOGETHER IN COMMUNITY THIS LENT:

IN ADDITION TO OUR REGULAR SUNDAY SERVICES, YOU CAN COME TOGETHER TO PRAY AT

- EACH WEDNESDAY IN LENT AT 7PM



• OUR REGULAR WEEKDAY EUCHARIST AT HOLY TRINITY PEMBROKE ON WEDNESDAYS AT 10AM

• A MUSICAL SERVICE OF HOLDEN EVENING PRAYER AT ST. TIMOTHY'S LUTHERAN CHURCH, PEMBROKE

	OTHER PRAYERS: