

April 2020

# REVELATIONS

A Newsletter for Ordinary People, Learning to Follow Jesus!



**Parish of the Valley**

Diocese of Ottawa  
Anglican Church of Canada

Editor – Jean Ostrom  
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## A Message From Your Clergy

“Early on the first day of the week, while it was still dark, Mary Magdalene came to the tomb...” *John 20: 1*

## A Letter for Holy Week: 2020

Dear Friends in Christ in the Parish of the Valley,

The great Holy Week and Easter celebrations of the Church form a deeply moving centrepiece for our annual liturgical calendar. Across the globe, Christian communities of all shapes and sizes traditionally gather at this time to hold special services, sing special songs, and pray special prayers to celebrate the life changing good news of our Lord’s resurrection. We sing, “Alleluia, Alleluia,” as the bells ring out from our sanctuaries for all the world to hear. “Christ is Risen!”

So much has now become of our annual Easter celebrations that we can perhaps start to forget that the first Easter probably did not resemble our usual festive worship. In all likelihood, it was actually more like the day that most of us will experience this year. On the first Easter, the disciples found themselves alone: their doors were barred, their guards were up, and their hearts were very much afraid. In the shadow of the crucifixion, most if not all of Jesus’ followers were emotionally wounded and grieving, left wondering how their loving God could have ever allowed such an awful event to occur. Much of what was going on in the world around them made little if any sense.

Early on that Easter morning, while it was still dark, a woman left the safety of her home and went for a walk. She too was scared, but something in her heart called to her. Mary Magdalene picked up a jar of water, took some simple washing cloths and some oil, and set off with tears in her eyes towards the dark and dreary tomb. Yes, the world around her was scary and uncertain. Yes, the future was very much unknown; but the love in her heart still pressed upon her to do something, even something simple. What happened next, changed everything.

This Holy Week, as we are faithful to remaining physically apart to care for each other during COVID-19, may we be reminded that the love in our hearts that presses upon us to do something, even something simple, is the voice of our risen Lord. Each time we telephone a friend, or send an email, or wave to our loved ones across the vast distances bridged by smartphones, computer screens, and at least six feet of distancing, may we be reminded that it is the grace of the Risen One that binds us together as a holy people: one body, with many members. May our hearts be assured that things which were cast down are being raised up, and things which had grown old are being made new, and that all things

are being brought to their perfection by him through whom all things were made, Jesus Christ our Lord.

Alleluia! Alleluia! Let the bells ring out from the sanctuaries of our hearts for all the world to hear! Christ is risen!

Yours faithfully in Christ,

*+ Michael Bird*

*Susan Clifford*

The Rt. Rev. Michael Bird  
Incumbent

The Rev. Cn. Susan Clifford  
Associate Incumbent

*Matthew J. Brown +*

*Gillian Hoyer*

The Rev. Matthew Brown  
Associate Incumbent

The Rev. Gillian Hoyer  
Associate Incumbent

## Prayers About the Outbreak

Keep us, good Lord, under the shadow of your mercy in this time of uncertainty and distress. Sustain and support the anxious and fearful, and lift up all who are brought low; that we may rejoice in your comfort knowing that nothing can separate us from your love in Christ Jesus our Lord. Amen.

Lord Jesus Christ, you taught us to love our neighbour, and to care for those in need as if we were caring for you. In this time of anxiety, give us strength to comfort the fearful, to tend the sick, and to assure the isolated of our love, and your love, for your name’s sake. Amen.

God of compassion, be close to those who are ill, afraid or in isolation. In their loneliness, be their consolation; in their anxiety, be their hope; in their darkness, be their light; through him who suffered alone on the cross, but reigns with you in glory, Jesus Christ our Lord. Amen.

## For Those Who Are Ill

Merciful God, we entrust to your tender care those who are ill or in pain, knowing that whenever danger threatens your everlasting arms are there to hold them safe. Comfort and heal them, and restore them to health and strength; through Jesus Christ our Lord. Amen.

## For Hospital Staff and Medical Researchers

Gracious God, give skill, sympathy and resilience to all who are caring for the sick, and your wisdom to those searching for a cure. Strengthen them with your Spirit, that through their work many will be restored to health; through Jesus Christ our Lord. Amen.

## For One Who is Ill or Isolated

O God, help me to trust you, help me to know that you are with me, help me to believe that nothing can separate me from your love revealed in Jesus Christ our Lord. Amen.

## For The Christian Community

We are not people of fear:  
we are people of courage.

We are not people who protect our own safety:  
we are people who protect our neighbours' safety.

We are not people of greed: we are people of generosity.

We are your people God, giving and loving, wherever we are,  
whatever it costs

For as long as it takes wherever you call us.

## How All Saints Celebrate Lent

*(submitted by Louise and Yvonne Andrews, Petawawa)*

Instead of giving up something for Lent this year, the challenge went out at All Saints to try the 40 days – 40 items challenge. The challenge – each day of Lent remove one item from your house which you don't use or wear and then donate the collection to a charity shop or our rummage sale, originally scheduled for May 2<sup>nd</sup>, **but now postponed**. We are also actively collecting new items for Bales for the North. Another vital outreach project that we contribute to is ongoing donations to the local food bank.

Our wonderful men's group treated the ladies to a Christmas dinner as a thank you for all they do in the life of our church. On the Sunday prior to Ash Wednesday, they cooked us a wonderful pancake, sausage and baked bean lunch. Our generous ladies' group ensures that our weekly coffee hour and our monthly potluck, usually on Valley Sunday is well organized. Without the generosity of our members, the social side of our ministry would not be as rich.

Blessings and Happy Easter from all of us at All Saints!

## Pembroke Warden's Remarks



I want to start by giving accolades to our Clergy team for their continued spiritual guidance and heartfelt concern for all of our well-being. The virtual services that are being offered are well received and appreciated by all. Thank You for this innovative Ministry

To our "Church Family" also a HUGE "Thank You" for keeping in touch with each other by phone, internet and in your prayers. We are truly a "Community of One"

Stay safe, respect the rules and guidelines that all levels of Government have set out for us. Remember we are not in this alone.

George Hodgkinson, Rector's Warden, Pembroke  
for Sabrina Clark, People's Warden and Brian Devereaux, Deputy Warden

## CANADIAN OVERSEAS & NORTHERN MISSION "BALES FOR THE NORTH"

Bale Packing Dates for 2020: St. Columba's, 24 Sandridge Rd,  
Ottawa - Wed, May 29 - 9:00 am-Noon

Holy Trinity's ACW has been collecting items for "Bales for the North" throughout the year and have several bags in storage in Aborn House as we write. Bale packing, along with many other events, is uncertain at this time, but what is not uncertain is the need for these items in our Northern Communities. All Saints' Church has informed us that they have bale items to send too. If you would like to contribute to the "Bales for the North" please bring your donations to Holy Trinity and we will transport them to the bale packing in Ottawa, whenever it occurs.

We send bales to: Fort Chipewyan, Aklavik, Tuktoyaktuk, Fort McPherson, Inuvik, Sach Harbour, Clyde River, Arctic Bay, Pangnirtung, Pond Inlet, Iqaluit

### All clothing, material/yarn should be wash and wear NEW ITEMS ONLY, PLEASE

### REMOVE ALL SALES TAGS and pin mitts and socks together

**Household items:** sheets (cotton or flannelette), blankets, pillowcases, towels, face cloths, dish cloths and towels, pot holders, curtains, tablecloths.

**Clothing:** Men's and women's cargo pants, cords, jeans (all sizes, especially large), underwear (especially adult sizes), sweaters, flannelette nightwear, work socks, gloves, mitts (thermos or ski). Kids PJs are always wanted.

**Baby clothes:** layettes, sweaters, bonnets, nighties, vests, jumpsuits, receiving blankets, diapers, sleepers, warm outer clothing, bedding, and SMALL unbreakable supplies. Baby bottles, small bowls, drinking cups, diaper cream are all useful.

**Knitted articles:** children and adults – sweaters, mitts, socks, gloves, neck warmers, baby wool.

**Sundries:** material (3-4 yards) - cotton, corduroy, or fleece; sewing items; safety pins, beads, zippers, thread

**Hospital visit bags:** For visits to the hospital (usually a trip by air), cloth bags approx. 10x15 inches with a drawstring. Include 1 soap, 1 deodorant, a few bandages, comb, 1 toothbrush, small toothpaste, 1 brush, and perhaps some hairpins, barrettes, etc. No mouthwash or perfumes or heavily scented products please. Hospitals usually have a no scent policy these days.

**Children's toys:** small, flat, light items (e.g., small stuffed toys, games, puzzles, paints, crayons, paint/colouring books, dolls, balls, other small trucks and games). NO ENGLISH BOOKS, PLEASE.

**Women's personal items:** Feminine hygiene items, pads, tampons.

**Dried Food:** Dried rice, beans, lentils or pasta in 5-lb bags or less. We try to include a few in each box of clothing.

After you purchase your 'bargains', please total the **non-sale** value of your donations. Report the value of your purchases, but PLEASE REMOVE ALL PRICE TAGS and packaging as reasonable to reduce weight. For example, socks can be twisted together, but toothbrushes need to be in their plastic. If you have any questions, email [acw@ottawa.anglican.ca](mailto:acw@ottawa.anglican.ca).

**Thank You, Your Diocesan ACW Team**

## FOOD BANK! FOOD BANK! FOOD BANK!

Given the crisis caused by COVID-19, food banks are having a hard time keeping stocks up. Let's not forget that our donations are more important than ever at this time.

### Meet Jennifer Cross, Lay Reader in Training

*(submitted by Naomi de Repentigny, Pembroke)*

A familiar face around Holy Trinity is Jennifer Cross. She is often up front during a service as a Server, Lay Assistant at Holy Communion, or a member of Zephyr, a musical group who plays sometimes at church, or in the community. I had the privilege of interviewing Jen for this issue of Revelations.

Jennifer was born in Montreal, Quebec, and grew up on an island, Ile Bigras, in Laval, then moved to Valois, near Dorval. She came from strong Christian roots, and attended a church that was mostly non-denominational, and had varied types of services. Jennifer was confirmed at the Anglican Church of the Resurrection in Valois, and comments that a great-aunt from her father's side was Mother Superior of the Convent of the Epiphany in Truro, England. When she was in Grade 9, her family moved to Cornwall, Ontario, and Jennifer attended Trinity Anglican Church there. During high school years, she attended a youth group in the United Church nearby. The youth had their own room for activities, and Jen spent a lot of time with her friends, in a wholesome setting. During this time, Jen discovered a love of music, and chose clarinet during high school music classes. She later learned bass clarinet.



Jennifer moved on to Queen's University in Kingston, Ontario, where she did an Honours Bachelor of Science in Biology. She specialized in freshwater systems, and this prepared her for a post-grad job as a research assistant. She managed two labs over a three year period. In 1981, Jen married and moved to Pembroke. Her son Andrew was born in 1986. Between the years of 1991-2016, Jennifer worked at the Pembroke Public Library, first part-time and then full-time maintaining the computers and developing the computer network until retirement.

Andrew was baptised at Holy Trinity by Rev. David Thomson in 1986, and as he grew up Jennifer became more involved in service at Holy Trinity, first by way of Sunday School and by developing the first Holy Trinity website in the mid 1990's (maintaining it until the current page was designed). Over the years, Jennifer taught church school, then became the Co-ordinator for a few years. Andrew attended church with his mom for many years and taught a Sunday School class before attending the University of York at Glendon College. He has completed a Masters in Public Policy Administration and Law. Needless to say, Jen is very proud of him. Andrew and his partner Joelle currently live and work in Toronto.

After Sunday School, Jennifer got involved in other areas of

church life. She continued as a server and became a frequent reader of lessons, Prayers of the People, and Chalice Bearer. When the Venerable Rob Davis was priest at Holy Trinity, Jen talked to him about becoming a licensed Lay Reader. Jennifer had considered this action over time and felt "called" to it. When the Reverend Matthew Brown arrived and the Parish of the Valley was formed, Jen again considered the possibility of training as a Lay Reader. Jen attended a Diocesan Lay Readers meeting in Carleton Place, and applied to participate in the program.

Reverend Matthew is Jen's coach during her program, and she attends with Lorna Sibley from Holy Trinity, and Wendy Cayen from St. John the Evangelist Church in Eganville. Jen says that there is a lot of reading and study involved. The program will take approximately two years to complete. The Diocese has a manual of study with handbook, readings and assignments. She meets regularly with Rev. Matthew and the other participants in the program. She also has the distinct advantage of being able to access Bishop Michael, Rev. Gillian, and Rev. Canon Susan for their advice. Jen recently travelled to each church in the Parish to participate in services with their respective incumbents. Jen does a lot of reading and personal introspection. At the moment the students are studying Bible history and will be learning how to prepare a homily, or sermon. Jen accesses other resources made available to her, such as the Powerhouse of Prayer, and Montreal Dio sponsored courses, including "Wholeness and Holiness", a short course on reconciliation. She finds it interesting and enjoyable. When Jen is licensed, she will be able to help a lot in the Parish of the Valley by leading Morning and Evening Prayer Services, Bible studies, and other teaching opportunities, and by helping to assist parishioners in their needs. Jen's personal goal is to complete the program and to build confidence in leadership skills. I think she is well on her way.

Jen currently volunteers at the Pembroke Public Library and the Senior's Center where she helps people with computer literacy. She loves her 3 cats at home, makes jewellery with unique beads, and often exercises by walking wherever she wants to go. She has a special interest in history and loves to travel as a way of finding out about the world. She has been to the Baltic coast, and to Scandinavia, Scotland, and Iceland. She enjoyed wandering along the battle lines of Culloden in Scotland, and the Apollo 12 launch site at Cape Canaveral, Florida. She likes to get a feel for the history of a place, and learn firsthand. Next year, she would like to take a river cruise near France.

Near the end of our time together, I asked Jen what recent book she enjoyed the most. She said, "Let Your Life Speak, Listening to the Voice of Vocation", by Parker Palmer. It is a book about finding your inner purpose and life fulfillment, instead of living how society expects us to be. As "whole" people we are supposed to live as God has designed us to be. To me, it sounds like a good book for life long learners, and I believe that Jen is just that!



Jennifer expressed her belief that, “We are God’s children. Our strength is in our diversity. We can reflect God’s love for humanity.”

“Love the Lord your God with all your heart, and with all your soul and with all our mind.” Matthew 22:37

I enjoyed learning more about Jennifer during our interview. It was a pleasure to talk with her, even though we communicated by telephone due to recent circumstances. Jennifer is an adventurer and a life-long learner with an interesting story to tell. Thanks Jen, for your willingness to share your wisdom with all of us.

**Editorial Musings** (submitted by Jean Ostrom, Pembroke)

The word surreal is grossly overused in today’s world, but it fits exactly for the strange, dreamlike atmosphere we have been experiencing lately. Nothing is the same as what we just a very few weeks ago, expected. To avoid being exposed to COVID-19, close friends are staying home rather than getting together. All social contact is by telephone or through social media. It is a very unsettling time.

We had just started our Lenten journey; Lenten Lunch and Learn was proving stimulating and thought provoking, a commitment to pray for another in Holy Trinity’s congregation had been undertaken, and many of us had settled into specific Lenten observances - reading, praying, fasting, looking after others, specific giving. The interruption of our corporate activities has been difficult. But it shows us just how valuable these acts of community are to us. We mourn their loss and, as the beautiful poem by Kitty O’Meara concludes, we create new ways to live and heal and love one another. My prayer is that this time of social isolation may also be a time to find joy and fulfillment in other more solitary activities and learning.

**An Anglican In Search Of A Congregation**

(submitted by Hilda Young, Petawawa)

I am an Anglican by birth, having been confirmed in the Church of England prior to moving to Canada in 1965. My faith journey has been very ecumenical over the years, as my attendance at Anglican churches has been sporadic. As an adult, I attended an ecumenical church in Pinawa, Manitoba, which encompassed the Anglican, Baptist, Presbyterian, United, and Mennonite denominations for 21 years; so I became understanding of other points of view. When I moved to Petawawa in 2001 I was looking for a church for myself and my son. I wanted something that we could feel comfortable in, but challenged. Having been away from the configuration of the traditional Anglican structure, I found myself out of my comfort zone when I attended All Saints Anglican Church in Petawawa. I tried St. George’s protestant chapel on GRN Petawawa, as the new chaplains were a blend of Baptist, Anglican, and United, with new ideas to accommodate teenagers.

I switched between the two churches for several months, then finally decided to commit my time to the protestant chapel. I have remained there ever since. I have friends at All Saints, Holy Trinity, and St. Luke’s.

As an Anglican in a multi-denomination congregation, I have been especially present when the Anglican special services were observed such as Maundy Thursday and Ash Wednesday. The Anglican padres have been a presence in the chapel as they have celebrated communion and confirmation. One year Padre Carol Bateman invited Bishop Peter Coffin, who was the Bishop of Ottawa and the Military Ordinariate Bishop, to Petawawa for Easter weekend. He celebrated communion, baptism, confirmation, and a blessing in one service.

This year, Padre Judson Bridgewater, who is young and modern in his outlook, celebrated Ash Wednesday at noon at the chapel. The congregation of 19 was a cross section of chaplains from the United, Baptist, Pentecostal, and Methodist churches, and lay members from the United, Lutheran, and Anglican denominations.

I am also fortunate to have been invited to attend Anglican events at Holy Trinity Parish of the Valley. I felt privileged to attend the Thursday evening when the nominees for Bishop came to present themselves to the local congregation. Although I am not directly involved in the Parish of the Valley, I still contribute to Anglican events, and sold the Canadian church calendar very successfully at the chapel. So, I am able to have the best of both worlds. I can attend Judson’s Wednesday noon Communion services and participate in the events that show the Anglican way in the modern world.

*Faith does not mean trusting God to stop the storm, but trusting Him to strengthen us, as we walk through the storm. Amen*

*And the people stayed home. And read books, and listened, and rested, and exercised, and made art, and played games, and learned new ways of being, and were still. And listened more deeply. Some meditated, some prayed, some danced. Some met their shadows. And the people began to think differently.*

*And the people healed. And, in the absence of people living in ignorant, dangerous, mindless, and heartless ways, the earth began to heal.*

*And when the danger passed, and the people joined together again, they grieved their losses, and made new choices, and dreamed new images, and created new ways to live and heal the earth fully, as they had been healed.*

- Kitty O’Meara



At the Parish of the Valley gathering at Myles and Lucy Buttle's farm in February, Harold Rayson and Pat Burn enjoyed a sleigh ride to a small ice rink and warming tent. A fun time was had by all !!!

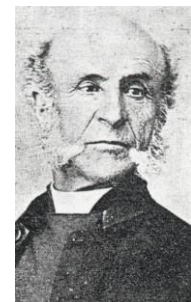
**The Lost Are Found** *(submitted by Alexis Anderson, Pembroke)*

In the Aborn House conference room, there has for some time been a frame containing the photos of the many clergy who served Holy Trinity Anglican Church between 1855 and 1940. Three of those photos, though, have been conspicuously missing because although the names were known, no pictures had ever been acquired. We are pleased to announce that that situation has been rectified, and that photos of the Rev Canon Edward Hammond Massey Baker, the Rev Ebenezer Hemmerton Jenkyns, and the Rev Thomas Swainston\* Campbell will soon be added.

Rev Baker was born 8 Feb 1827 in Swaffham, Norfolk, England to Captain Baker (a Royal Artillery officer given the appointment of postmaster of Bytown). He emigrated to Bytown around 1832 and later attended the General Theological Seminary in New York, where Bishop Wainwright ordained him Deacon on 3 Jul 1853 at Trinity Church, New York; then from 1853 to 1855 he was assistant curate at St Mark's Philadelphia. In 1855, he was ordained to the priesthood in Burlington, New Jersey, by Bishop G.W. Doane, and shortly thereafter returned to Bytown (Ottawa) and offered his services to the Rt. Rev. Dr. John Strachan, Bishop of Toronto and sole bishop of the province. Bishop Strachan appointed him to do missionary work in Renfrew County, and from 1855 to 1859 he was incumbent at Pembroke, ON. On 3

Jun 1857 he married Caroline Helen Bridget Rolph of Amherstberg, ON, daughter of the Rev Romaine Rolph, who had been educated through Bishop Strachan and had served in Essex and Lincoln counties. From 1859 to 1863 Rev Baker was incumbent at Carleton Place, ON; from 1865 to 1865 he was missionary to Stirling, ON; from 1865 to 1870 he was missionary to Hillier, ON; from 1870 to 1876 he was rector at Carrying Place (Ameliasburg), ON; from 1876 to 1885 he was incumbent at Tyendinaga, ON; from 1885 to 1887 he was rector at Bearbrook, ON; from 1887 to 1897 he was rector at Bath, ON. He was also Rural Dean of Hastings and Prince Edward, Diocese of Ontario, from 1879 to 1887; Rural Dean of Lennox and Addington, Diocese of Ontario, from 1887 to 1897; and Honorary Canon of St George's Cathedral, Kingston, ON from 1898 to 1908.

His official retirement was in 1897, and in 1898 he moved to Springfield Farm near Guelph, ON. He died 10 Apr 1908 in St Joseph's Hospital, Guelph, ON. He was buried in Greenwood Cemetery, Brantford, ON, and a monument was erected in his memory in Block O of Woodlawn Cemetery, Guelph, ON.



Rev Jenkyns was born 13 Feb 1842 in Pontypool, Wales\*\*, of Welsh parents. He graduated Carmarthen College, Wales, in 1862 and St Augustine College, Wales, in 1864. He was ordained at St Peter's Anglican Church, Sherbrooke, QC on 15 Mar 1868, yet is recorded as living in Sudbury, Vermont that year. By 1869 he was rector for the parish that included Pembroke, Alice and Stafford, the Hudson Bay posts at Mattawa and Fort William, QC, and some lumber camps. He stayed in that position until 1871; and while there he married in 1870 Amelia Taylor (Swaffin) Hands, who had been born 1 Dec 1824 in Brixton, Devonshire, England. Rev Jenkyns was Amelia's second husband, she the widow of Abraham Hands, who died in 1863. Rev Jenkyns and his wife had a daughter born 2 Mar 1870 in Pembroke, Ethelwyne Kameys Tynt Jenkyns, who later married Frederick Bidwell and moved to Connecticut. Rev Jenkyns left his position with the church to take up a post in 1875 as Inspector of Public Schools for Renfrew Co and Nipissing District. In that position, he described setting off up the Ottawa River from Pembroke on 17 Aug aboard the steamer "John Egan", overcoming difficult portages at Des Joachims, Maribeuau, and Deux Rivières Rapids, reaching the village of Mattawa, which was a collection of houses, 2 hotels, several stores, a Catholic church and mission station, and a school. He described the school as flourishing under Miss Gunn, having 60 students enrolled, of whom 35 were present for his visit, most of whom spoke French or "Indian" and had learned English. He left Mattawa on 21 Aug, traveling up the Mattawa River by canoe; and continued to record his adventures and his findings. In 1885, Rev Jenkyns is shown serving the Central Church in Stockholm, New York; and on 25 Oct 1894 the Court of Common Pleas in Hartford, Connecticut granted him naturalization status in America. By 1900 he was living in

Marlborough, Connecticut; and by 1910 in York, Maine. In 1904 an advertisement for a play featuring his daughter Matilda listed her as “rector’s daughter”, and the profits of the play were going to the Universalist Church in Paris, Maine; so perhaps he was working there at the time. He died 6 Apr 1917 and was buried in Mountain View Cemetery, Bloomfield, Connecticut.



Rev Thomas Swainston Campbell was the son of Rev Thomas Campbell, who emigrated from Lisnagrot, Londonderry, Ireland to Quebec City, then served in Belleville, ON in 1821, where he petitioned for a parsonage in 1827, then married Emily Rosa Swainston in 1835. The younger Rev Campbell was born to them on 18 Jul 1831 in Belleville, ON. He attended Upper Canada College in Toronto from 1844 to 1850, Cobourg Theological Institute in 1851, and Trinity College Toronto in 1852, winning the classical prize and first scripture in his last exam. He was ordained 25 Jan 1855 at St James Cathedral, Toronto and was appointed Deacon of St Paul’s Toronto the same day. On 21 Oct 1855 he was ordained a priest at St James Cathedral, Toronto; and on 30 Oct of that year he married Matilda Frances Wright in Toronto, ON (she the daughter of Major Francis Wright of the Horse Guards). Rev Campbell then seems to have moved to Walpole Township until he took up the Pembroke mission from 1859 to 1862; then serving Stafford and Walpole 1863 to 1866; and Douglas 1866 to 1869.

He was in Meaford, ON in 1867, but not as rector; then is mentioned as being in Newmarket, ON. From 1870 to 1876 he oversaw the building of a church in Wiarton (Huron), but was relieved of that charge due to excessive use of alcohol. By 1898 he was licensed for “occasional duty” in Huron. Rev Campbell died 20 Feb 1917 in Wiarton, Grey Co, ON.



\*Holy Trinity Anglican Church 1855-2005: Our Story erroneously gives his middle name as Swainton.

\*\*Holy Trinity Anglican Church 1855-2005: Our Story erroneously give his birthplace as England.

### **A Gift Worth Giving** *(submitted by Maggie Jacques, Pembroke)*

The story of the Magi bringing gifts to the baby Jesus has always stirred discussions of the value of a gift. Is it appropriate? During a past Sunday School class we discussed what is a gift? Does it have to cost something to be of value? Do you get a better feeling by giving or receiving a gift?

I recently had another knee replacement surgery. Prior to it, I received emails wishing me well; positive words for my recovery. Two Sundays after the surgery I went to church. I was hurting, trying to control the physical pain of recuperation. Many people came up to me wishing me well,

smiles, kind words concerning my recovery. As I walked to the elevator to go up to church, I took note of how my pain had diminished-left.

Often the gift of caring towards another person is invisible, but the effect on the injured person is amazing. It can be healing, lighten a heavy heart or mind or just to brighten someone knowing that someone else sees their value, wants to share their pain or joy.

The gift of caring or healing does not need to just come from clergy or trained professional. Pain is not just physical, but can be emotional or spiritual.

Have you noticed at times as you approach for communion, a pain has diminished, or that you feel stronger after receiving the elements? your step is stronger or surer? That is the healing power of Christ and our church community- silent but powerful.

Let us also never forget our clergy or lay readers- they can benefit from our prayers and positive thoughts. We are all human and need to be refueled and recharged through a smile, prayer or kind gesture.

Caring about each other, whether friend or stranger, is a free and powerful gift to be given anytime.

### **Supporting Our Churches**

During the COVID-19 pandemic the vast majority of our regular church expenses continue. To ensure the continued financial health of our ministries, all members of the Parish of the Valley are encouraged to continue making regular offerings to their home churches.

Members of the parish can give by mail, pre-authorized remittances from your bank account (PAR), or by giving online through the website *Canada Helps*. Every donation matters, so please check <https://www.valleyanglicans.ca/ministries/stewardship/page/s/supporting-our-churches> to learn how you can help.

Thank you for your faithful support!

### **Online And At-Home Prayer Resources**

In this time of social-distancing and self-isolation it is important to remember that while we are asked to be socially distant, we are never spiritually distant. Our connection with God, and with each other, begins with prayer.

In addition to weekly services of Morning Prayer recorded by the clergy team, we are compiling a list of videos, links and downloadable documents to help us pray together at home across the parish. Visit [www.valleyanglicans.ca](http://www.valleyanglicans.ca) to find out more. And check back often; our list will be updated as we discover new resources.



Your clergy team are always here for you. We will pray with and for you, for anyone, or for any situation. You might also call Wendy Cayen (343-369-0676) and she will direct your request to our confidential prayer chain: a group of prayerful people across the parish committed to praying for your need every day.

**PARISH OF THE VALLEY – CHURCHWARDENS, TREASURERS, SYNOD DELEGATES – Year 2020**

CHURCH	NAME
St Anthony's, Whitney	Anita Boldt (Warden)
	Bob Shouldice (Warden)
	Merv Dunn (Treasurer)
Epiphany Barry's Bay	Irene Lapenskie (Warden)
	Dave Eagles (Warden)
	Carson Dubblestyne (Deputy Warden)
	Ed Semrau (Treasurer)
Ascension, Killaloe & St John's Tramore	Bill Schroeder (Central Treasurer)
	Donna Smith (Synod Delegate)
	Sandra Sharp (Warden)
	Sue Parks (Warden)
	Judy Martin (Synod Delegate)
St John the Evangelist, Eganville	Hanna Poland (Deputy Warden)
	Betty Fabian (Treasurer)
	Marilyn Hill (Warden)
	Wendy Cayen (Warden & Synod Delegate)
St Thomas, Rankin	Joan Boldt (Treasurer)
	Stan Lopushanski (Warden)
	Debbie McGinnis (Warden)
St Stephen's, Micksburg	Pat Leach (Warden & Member of Diocesan Council)
	Myles Buttle (Warden)
	Lucy Buttle (Central Treasurer & Synod Delegate)
St Patrick's, Snake River Line	Johnny McLaren (Warden)
	Pattylyn Childerhose (Warden)
St Paul's, Cobden	Alice Ferguson (Warden)
	Jim Monro (Warden)
	Gwen Gibson (Deputy Warden)
	Anne Guest (Synod Delegate)
St Augustine's, Beachburg	Ralph Roloff (Warden)
	Hal Johnson (Warden)
	Wendy Johnson (Treasurer)
Holy Trinity, Pembroke	George Hodgkinson (Warden, Synod Delegate & Member of Diocesan Council)
	Sabrina Clark (Warden)
	Brian Devereaux (Deputy Warden)
	Alexis Anderson (Treasurer)
St George's, South Alice	Naomi de Repentigny (Synod Delegate)
	Robert Hanson (Synod Delegate & Member of Diocesan Council)
	Bernard Raglin (Warden & Synod Delegate)
All Saints, Petawawa	Kim Silkie (Warden)
	Kevin Schauer (Treasurer)
	Yvonne Andrews (Warden)
	Louise Doran (Warden)



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**Exploring Sustainability and Mission**

*(by Bishop John Watton and Archdeacon Terry Caines)*

On February 6<sup>th</sup>, 2020, Bishop John Watton and Archdeacon Terry Caines from the Diocese of Central Newfoundland travelled the diocese of Ottawa because they had heard that they were doing exciting things. They have engaged a concept of “Area Ministry”. [...]

“Area Ministry” comes into being after several parishes or congregations have discerned a willingness to work together in a new way. It is no doubt occasioned by shifting resources and demographics, but the main reason for exploring the idea of becoming an “Area Parish” is to be more effective in mission. By sharing human and practical resources of several congregations in a new way. It is possible to become a parish that benefits from the leadership of a team of clergy, and is stronger, sustainable, and more capable of having a greater impact in the wider community. In an area parish, congregations and their team of clergy work as partners in ministry and mission. There is one overall incumbent, and a number of associate incumbents.

“Becoming and being” an area parish is an exploration of faith. Apart from some key administrative requirements, the clergy and people of area parishes are encouraged to discover what works best for them, and for their ministry and mission in their communities. The greatest challenge was community-building, but they see it happening! New relationships needed to be established among different congregations, and with the communities they serve.

The Parish of the Valley clergy team consists of four dedicated individuals; the Right Rev'd Michael Bird, the Rev'd Canon Susan Clifford, the Rev'd Matthew Brown, and the Rev'd Gillian Hoyer. Each person brings their own gifts of ministry to the team: social media coordinator, youth ministry coordinator, pastoral care coordinator, and administration coordinator.

On Sunday, February 9<sup>th</sup>, Bishop Watton and Archbishop Caines were invited to be guest preachers in two different churches to share what rural ministry looks like in Central Newfoundland. Following the worship services, members from 11 of the churches in the parish all came together at the



farm of Myles and Lucy Buttle in Micksburg. Myles and Lucy graciously opened their home to nearly 100 parishioners who all came with food and ready for some fellowship. We enjoyed a potluck feast before toasting Bishop Watton and Archdeacon Caines with Valley Moonshine, and in Newfoundland fashion, inviting them to kiss the Valley pickerel and become honorary members of the Parish of the Valley.



**Reflections on Pierre Berton’s *The Comfortable Pew*, 55 Years Onward** (Submitted by Bill Grubb, Pembroke)

In 1965 a little book was published. This book’s message was significant even then, but today its message is perhaps even more significant because what the book predicted seems to be happening in our day. At the time the book was written there was in some places a prevailing social attitude of, “I’m all right, Jack!” This attitude probably emanated from the relative prosperity of the post-war years and the newer comforts of life for almost everyone. The title of this little book was *The Comfortable Pew* by Pierre Berton. It was published in a time when many mainline churches were regularly filled, and Sunday schools were brimming with younger children. What was there to be concerned about?

In today’s world we have struggled, in many mainline churches, with significant issues of policy and principle (what some call “issues of faith”). These struggles have upset and divided more than one denomination. That little book, *The Comfortable Pew*, contained a huge warning about the time bombs which have devastated many church denominations and surely soon other religions as well. What was the warning? Very simply it was a warning against complacency: against the self-centred feeling of satisfaction with everything as it is. The book was a huge wakeup call. Boredom and complacency beget each other!

In a personal sense I have always considered that science and religion should go hand in hand; maybe with religion pointing the way and science proving or disproving the case. In our own community and in the broader world we can see how some Christian denominations have been negatively affected by complacency, and how some may still be about to experience more explosive negativity. We see this in

sensational reports in the media about the Church and religion more and more: common sense and human nature seem to have been disregarded.

Other factors impact our “church experience,” especially for many younger people who know nothing about religion *per se*, or who have been turned off of religion by daily exposure in the media to only limited points of view. Does the “church experience” still have meaning? Do we hear the same things all the time? Is there something interesting in the Church for all age groups? Does what we experience in and from the Church want us to keep coming back?, etc. Society is very different now than it was in the 1960s, but the message of that little book about complacency is still very relevant.

The liberal arts and sciences should and can be of help to religions if it is not too late. Here in our small Anglican piece of the world, we have had our struggles. But we seem to have not simply taken attitudes towards issues so as to not be confused with the facts, but rather we seem to have employed our brains! Troubles in the world of other denominations and religions certainly still do affect us and “spill over” from time to time. In order to play our part, not only for ourselves but also for the sake of others, we need desperately never to ignore complacency: to beware of ignorance, brainwashing, simplistic or abusive spiritual alternatives, and to be as proactive as possible. “Stick-In-The-Muds” we must never be.

For more of my thoughts on some of the causes and challenges of our current “faith climate,” including possible solutions and hopeful signs for the future, tune in next time. In the meantime, beware of complacency, ignorance and closed minds!

<b>Pembroke Treasurer’s Report (end Feb 2020)</b>	
General Funds Balance end Jan 2020	\$ 8,268.33
General Funds Revenue Feb 2020	\$14,839.59
<u>General Funds Expenses Feb 2020</u>	<u>\$10,762.63</u>
<u>General Funds Balance end Feb 2020</u>	<u>\$12,345.29</u>

**Our Friendly Church Mice**

“Martha” first came to Holy Trinity with her sister Mary. A mouse who loves to get things done, you will usually find Martha in the pulpit, or with the A.C.W., right where all the action happens! You can learn more about her namesake at <https://en.wikipedia.org/wiki/Martha>.



## Who Are The Church Mice? (part 2)

*(submitted by Alexis Anderson, Pembroke)*

Church mouse “Julian” is the namesake of Julian of Norwich (c.1342 – a.1416), also known as Dame Julian and Mother Julian; but it is not known whether that was her true name or whether she took her name from the church where she lived (St. Julian’s of Norwich). She wrote the earliest surviving English book by a woman, Revelations of Divine Love; but nothing definitive is known about her early years except that she grew up in Norwich and around 1373 survived an illness that nearly killed her. She was administered “extreme unction” because she was thought to be dying; but over the next few hours she received sixteen revelations of Jesus suffering on the cross, and those led her to intellectual visions of the Trinity and the universe as it exists in God. These revelations are what she shared with the world once she had recovered. Julian was an “ anchoress”, which is someone who chooses to live in virtual seclusion in order to lead an ascetic, prayer-oriented life; but she was known as a spiritual authority in her own community. Perhaps because of that seclusion, she was able to publish a longer version of her revelations about twenty years after the first version. Julian’s work is enduring and continues to be studied and to affect others.



### **Licensed Lay Reader Training – From a Clergy Mentor’s Perspective** *(the following edited report first appeared in Holy Trinity Pembroke’s 2020 Vestry Package)*

Holy Trinity Pembroke’s 2019 Vestry Meeting expressed a desire for greater access to Lay Reader training opportunities in the Parish of the Valley. Accordingly, the Valley clergy team, in partnership with the Diocesan Warden of Lay Readers, has established a training program for Lay Readers in our parish over the course of the past year.

At present, the Parish of the Valley has one Licensed Lay Reader and three Licensed Lay Readers in Training:

Licensed Lay Readers:

Bev York, Beachburg

Licensed Lay Readers in Training:

Wendy Cayen, Eganville

Jennifer Cross, Pembroke

Lorna Sibley, Pembroke

Licensed by our Diocesan Bishop and accountable to our Incumbent, Licensed Lay Readers and trainees serve our parish as a whole, principally by offering services of the word (Morning or Evening Prayer) when clergy are not available to lead Sunday worship. Lay Readers further add to the life of our parish by actively participating in weekly liturgies (including reading, intercessing and serving) and by assisting the clergy with the leadership of book studies, workshops, and other educational opportunities.

The Diocesan program starts with training to be a Worship Assistant, followed by training to be a Licensed Lay Reader. At the end of the training cycle, the parish then formally endorses the application for a Lay Reader’s license from the Diocese.

Each Licensed Lay Reader is expected to attend or participate in a minimum of two (2) approved workshops, courses, or training events within a two (2) year period to fulfill the Bishop’s requirements for continuing education for those serving in licensed ministry.

The Incumbent, or other member of the clergy who is in charge of the congregation, signs off the various requirements as the Licensed Lay Reader In-Training completes them. They are licensed to serve under the incumbent and when there is a change of clergy the new clergy may, or may not, renew the license.

Trainees work in close collaboration with a clergy mentor, completing diocesan training requirements through a mix of individual study and their participation in distance learning opportunities offered by accredited Canadian seminaries. Once licensed, Lay Readers are also required to participate in continuing education opportunities offered twice annually by the Diocesan Warden of Lay Readers.

Rev. Matthew says that the process is so much FUN to facilitate as a cleric! It’s a gift to be regularly meeting with our lay readers in training and to be journeying with them as they complete the educational and formational requirements of the program. He hopes others in the parish will strongly consider “taking the leap” and exploring this ministry in the years ahead.

### **Talent in our Midst**

Several of our parish were participants in the recent Kiwanis Festival. Congratulations to pianists Lydia Gong who participated at the Grade 7 level, to Brian Kong who participated in the Grade 10 level, and to Ezra Klukas, son of our theology student intern, who participated at the Grade 10 level. All these participants placed in the top three in their classes.

We also have very talented singers in our Parish. Molly Clark, Molly McInnis, Ainsleigh McInnis and Hannah Lundrigan all placed in the top three in many vocal categories. It should also be noted that Ainsleigh competed in the CBC Searchlight competition, singing her tribute to Mike Trauner, the Afghanistan veteran who lost both legs to an IUD. There were many hundreds of entries and Ainsleigh broke into the top 100, finally placing in the top 50.

Congratulations to our many talented members of our congregations. If I have missed any of the Kiwanis Festival winners I apologize for the oversight. You do not have to have your name published to be a winner in the eyes of God.





# Sitting In The Bishop's Chair



## It Couldn't Be Done *(by Edgar Guest)*

Somebody said that it couldn't be done  
But he with a chuckle replied  
That "maybe it couldn't", but he would be one  
Who wouldn't say so till he'd tried.  
So he buckled right in with the trace of a grin  
On his face. if he worried he hid it.  
He started to sing as he tackled the thing  
That couldn't be done, and he did it !

Somebody scoffed: "Oh, you'll never do that;  
At least no one ever has done it;"  
But he took off his coat and he took off his hat  
And the first thing we knew he'd begun it.

With a lift of his chin and a bit of a grin,  
Without any doubting or quiddit,  
He started to sing as he tackled the thing  
That couldn't be done, and he did it.

There are thousands to tell you it cannot be done,  
There are thousands to prophesy failure,  
There are thousands to point out to you one by one,  
The dangers that wait to assail you.  
But just buckle in with a bit of a grin,  
Just take off your coat and go to it;  
Just start in to sing as you tackle the thing  
That "cannot be done," and you'll do it.





**Holy Trinity Anglican Church  
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